



Crystal Companions: The Use of Mineral Kingdom Within Modern-Day Metaphysics

Marion Webb-De Sisto

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An innovative look at how crystals and crystal skulls are being incorporated into various modern-day metaphysical pursuits by the author and other practitioners in order to improve their performance. The effect crystalline energy has on therapies, spiritual pursuits and divination techniques is highlighted in this book, together with brief outlines on the histories of these various practices. Such disciplines as Past Life Regression, Reiki, Yoga, Shamanism and Crystal Therapy are documented and discussed in detail. Divination strategies of the Tarot, the Runes, Scrying and Dowsing are also combined with the properties of the mineral kingdom, and the resulting outcomes are explored. In addition, helpful exercises, recommendations and crystal 'know-how' are included for both the professional and the novice. The author is a qualified Crystal Healing practitioner and her examination of various crystal-enhanced procedures is a valuable handbook for anyone interested in discovering the powerful crystalline world and its impact on healing, spirituality and divination.

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