



Relational Child Psychotherapy

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Child therapists practicing today are faced with the challenge of developing a coherent theory and technique while drawing on a number of diverse traditions as disparate as psychoanalysis, behavior therapy, and family systems theory. This diversity presents child therapists with a rich heritage, but it also presents a formidable complexity to be integrated into their therapeutic work.

This book develops such an integration, offering a rich overview of issues currently being addressed by clinicians and theoreticians, exploring various relational models and their implications for treatment. The authors bring to light the critical issues of clinical practice with children, and offer powerful new models for child psychotherapists.

The problems and strategies for approaching the clinical relationship between child and therapist, as well as that between parent and therapist, are examined in depth. The authors also explore the clinical setting versus the role of the therapist in the extra-clinical context of a child's life, the therapeutic aspects of play, and the unique behaviors of children manifested in the therapeutic environment.

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