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Although young professionals need simple, no-fuss recipes, they demand gourmet-quality food. They want a cookbook that reflects their high standards and contemporary tastes. A traditional basic cookbook sometimes isn't enough!

For cooks with more taste than time, "Easy Food" takes the pressure out of preparing gourmet meals. This cookbook is perfect when you're pushed for time or don't want to fuss with many ingredients. 150 delightfully simple recipes make everyday cooking easy and enjoyable. From mouthwatering soups and starters to pastas, chicken and meat dishes, Easy Food promises great taste without great effort.

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