



Student Success in Higher Education: Developing the Whole Person Through High Impact Practices

Dr. Henry G Brzycki Ph.D., Elaine J. Brzycki Ed.M.

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Student Success in Higher Education: Developing the Whole Person through High-Impact Practices provides front-line educators with a new student success model based on the latest research in the psychology of well-being and student-centered learning.

This model integrates five critical student success functional areas--academic advising, career services, counseling and psychological services, faculty teaching, and student engagement--and helps colleges and universities develop psychologically healthy and self-aware students as a part of their educational mission.

Drawing upon over 30 years of professional experiences as higher education leaders, teachers, and counselors, the authors have developed the *Integrated Student Success Model* (iSuccess), a visionary and comprehensive approach to student success through well-being and self-knowledge.

The model provides three research-based, high-impact practices that empower students to create their own pathways to success in college and in life:

- * *Integrated Self Model* (iSelf) - a framework to understand the whole person through self-system and positive psychology attributes
- * *Self Across the Curriculum* (SAC) - a pedagogy to teach self-knowledge through curricula
- * *Success Predictor* (SP) - a student success assessment instrument and intervention tool

When the self becomes the lens through which students learn, students can balance cognitive with non-cognitive factors to become happy and whole people who are equipped to create a positive life and make contributions toward a better society.

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