



Dumplings: A Global History (Edible)

Barbara Gallani

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From *gnocchi* to *pierogi* to *wonton*, the dumpling has become synonymous with comfort food around the world. Whether stuffed or unfilled, steamed or boiled, many countries have their own version of the dish. In this book, Barbara Gallani looks at the differences and similarities between the ways dumplings are prepared in a variety of cultures, addressing the contrast between the dumpling as an everyday meal and as a food for festive occasions.

First examining the etymology of the word and examining just what makes a dumpling a dumpling, Gallani moves on to recount the many ways we have come to love this simple comfort, sometimes even offering up monuments and poetry in its honor. Including traditional recipes for readers to make at home, she shows us what makes the dumpling special in so many ways. A great resource for food and history enthusiasts alike, *Dumplings* reveals unique insights into this widely consumed and celebrated food.

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