



The ASD and Me Picture Book: A Visual Guide to Understanding Challenges and Strengths for Children on the Autism Spectrum

Joel Shaul

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Children with ASDs often find it difficult to identify the things they find difficult and, more importantly, to recognize the things they are good at. This colorful book provides simple self-exploration tools to help children identify their strengths and begin to tackle the things they find harder.

The book explores a range of common difficulties, including communication, emotional and sensory regulation, and executive functioning, encouraging children to explore their personal challenges and abilities in an engaging and positive way. Illustrated with hundreds of cartoon-style graphics and containing a wealth of fun tools, games, activities and photocopiable worksheets, this book is ideal for children with ASDs aged 7-14, and will be equally useful at home or in the classroom.

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