

Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Eiffel Tower)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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From reader reviews:

Robert Densmore:

A lot of people always spent all their free time to vacation or go to the outside with them family members or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or playing video games all day long. If you need to try to find a new activity that's look different you can read a new book. It is really fun for you. If you enjoy the book which you read you can spent the entire day to reading a guide. The book Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Eiffel Tower) it is quite good to read. There are a lot of people that recommended this book. They were enjoying reading this book. Should you did not have enough space bringing this book you can buy the particular e-book. You can m0ore very easily to read this book through your smart phone. The price is not too costly but this book offers high quality.

Drew Poland:

Are you kind of active person, only have 10 or perhaps 15 minute in your day time to upgrading your mind talent or thinking skill also analytical thinking? Then you are experiencing problem with the book when compared with can satisfy your small amount of time to read it because this all time you only find book that need more time to be learn. Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Eiffel Tower) can be your answer since it can be read by you who have those short time problems.

Rene Pina:

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Ricky Bodkin:

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