



Start Here, Start Now: 5 Minutes a Day to *Love Better *Work Smarter *Live Bolder

Valorie Burton

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Stuck in a rut financially? Hanging on to a relationship you know is doomed? Wanting to start a new career but wondering if it's too late? It's never too late to learn that *being* stuck doesn't mean you have to *stay* stuck! Change happens one action at a time, one day at a time.

Bestselling author and coach Valorie Burton will spur you on to real transformation in the five key areas of your life—professional, financial, relational, physical, and spiritual. She will help you

- make small but meaningful changes—starting today
- clarify your vision and muster the courage to move toward it
- conquer distractions and obstacles on your path
- find meaning in your life and work
- fulfill your God-given purpose

By asking frank, straightforward questions and taking specific, doable action steps, you can move confidently toward the authentic life you were created to live.

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