



Life With Diabetes

Martha Funnell, Marilyn Arnold, Patricia Barr, Andrea Lasichak

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A series of teaching outlines by the Michigan Diabetes Research and Training Center, this comprehensive teaching tool provides vital information and insights into all areas of diabetes from the basics of eating, meal planning, and insulin, to regulating blood glucose, monitoring, and long-term complications. Everything you need to know including carbohydrate counting, pregnancy, calculating exchanges, sexual health, and more.

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