



Best Season Yet - Coach's Edition: Discover a Purpose Beyond Winning and Losing

Rebekah Trittipoe

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It's the first practice. Your back against the cold, dented locker, you take your spot on the floor, waiting. A posse of other hopefuls surrounds you. A tense excitement is palpable. Or maybe you're the coach, and you feel that same electricity. What will the season bring? you ponder. How will these kids perform? How can I lead them and help them find their potential? Inhaling deeply, you scan the faces and begin.

There is nothing like a new athletic season, full of promise for both coach and athlete. Goals are set, commitments made. But as the season progresses, it's all too easy to lose focus in the fray. *Best Season Yet: 12 Weeks to Train* is a book (with integrated journal) that guides the coach and team to embrace their God-given talents, discover a purpose beyond winning and losing, and spur each other to that place where fear and dreams collide. For a dozen weeks, the entire team will visit themes such as commitment, submission, goal setting, pain and suffering, and pursuing excellence. It offers an opportunity to discuss and journal practical ways to set the principles in motion. The format of five easy-to-read stories is ideal for use in a Monday-through-Friday school setting.

Best Season Yet, Coach's Edition, is a resource for the coach or FCA / Fellowship of Christian Athletes leader who desires to lead his or her team to an exceptional season. Each chapter contains supplemental material that offers the coach additional perspective on the week's theme, complete instructions (including a supply list, when necessary) for a team activity that illustrates the theme, and suggestions for bringing focus to the wrap-up.

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From reader reviews:

Melissa Chandler:

Spent a free time for you to be fun activity to perform! A lot of people spent their leisure time with their family, or their own friends. Usually they accomplishing activity like watching television, likely to beach, or picnic in the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? May be reading a book can be option to fill your totally free time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the guide untitled Best Season Yet - Coach's Edition: Discover a Purpose Beyond Winning and Losing can be great book to read. May be it is usually best activity to you.

Casey Larsen:

This Best Season Yet - Coach's Edition: Discover a Purpose Beyond Winning and Losing is great guide for you because the content that is certainly full of information for you who also always deal with world and possess to make decision every minute. This specific book reveal it details accurately using great organize word or we can state no rambling sentences inside. So if you are read the idea hurriedly you can have whole data in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with lovely delivering sentences. Having Best Season Yet - Coach's Edition: Discover a Purpose Beyond Winning and Losing in your hand like having the world in your arm, information in it is not ridiculous one. We can say that no guide that offer you world within ten or fifteen small right but this reserve already do that. So , this really is good reading book. Hey there Mr. and Mrs. busy do you still doubt this?

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