

Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Ladybug)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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Illustrations, Ladybug) this guide consist a lot of the information with the condition of this world now. This particular book was represented how do the world has grown up. The language styles that writer value to explain it is easy to understand. Often the writer made some research when he makes this book. That is why this book suitable all of you.

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