



Quick-Fix Gluten Free (Quick-Fix Cooking)

Robert Landolphi

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With 100 quick-fix dishes from professional chef and gluten-free expert Robert Landolphi, gluten-free has never been so easyâ€”or delicious.

Gluten-free professional chef Robert M. Landolphi proves that a gluten-free lifestyle doesn't have to be bland and boring, labor-intensive, or time consuming inside *Quick-Fix Gluten Free*. In preparation for his follow-up to *Gluten Free Every Day Cookbook*, Landolphi queried fans about their biggest gluten-free challenges and created *Quick-Fix Gluten Free* in response to the dishes.

Divided into nine sections delving into everything from appetizers and breakfast to hearty, internationally inspired dishes, fan favorite comfort foods and decadent sweets and treats, *Quick-Fix Gluten Free* offers 100 fast and easily prepared recipes for crave-worthy dishes like Cinnamon Dusted French Toast, Kickin' Paella, Gnocchi with Roasted Garlic Butter and Parmesan Cheese, and Aunt Lil's Rich and Creamy Cheesecake. With a focus on fast, fresh and flavorful, these contemporary dishes are simple enough for everyday meals and delicious enough to serve to anyone--whether they are on a gluten-free diet or not.

Whether your choice to live gluten free is driven by the desire to lose weight, comply with a celiac diet, the need to avoid wheat because of mild allergies or the suspected link between gluten and autism, *Quick-Fix Gluten Free* proves that once-taboo foods like crusty breads, creamy pastas and indulgent cakes are no longer off-limits.

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