

Pulling Your Own Strings

Wayne W Dyer

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Dr. Wayne W. Dyer reveals how we all can prevent ourselves from being victimized by others and begin to operate from a position of power at the centre of our own lives. Asserting that we alone are responsible for how much we will be controlled by others, Dyer offers his practical plan for developing new attitudes toward the most common sources of victimization and manipulation, such as family members and authority figures in the workplace. For example, families can be tremendously coercive and demanding, but they can also be an immensely rewarding part of your life. Dyer shows how to cope with the negative side and contribute to the positive. Also, in their working life many people stay in unfulfilling jobs because they feel constrained by their present experience or because they fear change. Dyer shows that by being enthusiastic and flexible, you can find the work that makes you happy. In this modern-day classic, Dyer shows you how to stop being the victim in all aspects of everyday life and to take charge of your destiny.



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