



Pain and Behavioral Medicine: A Cognitive-Behavioral Perspective

Dennis C. Turk PhD, Donald Meichenbaum PhD, Myles Genest

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This immensely practical volume describes the rationale, development, and utilization of cognitive-behavioral techniques in promoting health, preventing disease, and treating illness, with a particular focus on pain management. An ideal resource for a wide range of practitioners and researchers, the book's coverage of pain management includes theoretical, research, and clinical issues, and includes illustrative case material.

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