



# Home Health Aide On-the-Go In-Service Lessons: Vol. 4, Issue 8: Spinal Surgery (Home Health Aide on-the-Go in-Service Lessons, Volume 4)

*Beacon Health*

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## **Home Health Aide On-the-Go In-Service Lessons: Vol. 4, Issue 8: Spinal Surgery (Home Health Aide on-the-Go in-Service Lessons, Volume 4) Beacon Health**

This lesson on Spinal Surgery includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training requirements. As aides need training, you can make as many copies as you want - there s no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year. **LESSON OBJECTIVES** Upon completion of this program, the home health aide will be able to: Name two common types of spinal surgery List three restrictions patients with spinal surgery may have Identify three complications that could occur after spinal surgery, and List three occasions when the aide should contact the supervisor. **OVERVIEW** The American Academy of Spine Physicians reports that four-out-of-five adults suffer from back problems at one time or another. Not all back problems require surgery and many conditions can be improved with conservative measures such as physical therapy, anti-inflammatory medications, epidural steroid injections, improved body mechanics, and weight loss. Some common conditions that occur with aging, such as degenerative disc disease, which causes the wearing away of the cushion (disc) between the vertebrae, may cause lower back pain. This condition cannot be treated with conservative measures and requires a spinal fusion. Osteoporosis may also cause weakening of the vertebral structures and result in the need for spinal fusion. Kyphosis, scoliosis, and spondylothesis may also precipitate the need for spinal surgery. Some patients may require home health care following spinal surgery. Home health aides may be assigned to assist with bathing, dressing, and household activities.

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### **From reader reviews:**

#### **Arthur Dickison:**

This book untitled Home Health Aide On-the-Go In-Service Lessons: Vol. 4, Issue 8: Spinal Surgery (Home Health Aide on-the-Go in-Service Lessons, Volume 4) to be one of several books that best seller in this year, honestly, that is because when you read this guide you can get a lot of benefit on it. You will easily to buy this particular book in the book store or you can order it via online. The publisher with this book sells the e-book too. It makes you easier to read this book, since you can read this book in your Touch screen phone. So there is no reason to you personally to past this publication from your list.

#### **Harvey Hobbs:**

Reading a publication tends to be new life style on this era globalization. With reading you can get a lot of information that can give you benefit in your life. Together with book everyone in this world may share their idea. Guides can also inspire a lot of people. Plenty of author can inspire all their reader with their story or maybe their experience. Not only the storyplot that share in the books. But also they write about advantage about something that you need example of this. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors nowadays always try to improve their talent in writing, they also doing some study before they write to the book. One of them is this Home Health Aide On-the-Go In-Service Lessons: Vol. 4, Issue 8: Spinal Surgery (Home Health Aide on-the-Go in-Service Lessons, Volume 4).

#### **Jeremy Bryant:**

Spent a free the perfect time to be fun activity to complete! A lot of people spent their spare time with their family, or their own friends. Usually they accomplishing activity like watching television, planning to beach, or picnic from the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? May be reading a book can be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the e-book untitled Home Health Aide On-the-Go In-Service Lessons: Vol. 4, Issue 8: Spinal Surgery (Home Health Aide on-the-Go in-Service Lessons, Volume 4) can be excellent book to read. May be it could be best activity to you.

#### **Tasha Banda:**

In this period globalization it is important to someone to receive information. The information will make you to definitely understand the condition of the world. The fitness of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, newspapers, book, and soon. You can view that now, a lot of publisher in which print many kinds of book. The book that recommended for you is Home Health Aide On-the-Go In-Service Lessons: Vol. 4, Issue 8: Spinal Surgery (Home Health Aide on-the-Go in-Service Lessons, Volume 4) this publication consist a lot of the information with the condition

of this world now. This kind of book was represented how can the world has grown up. The dialect styles that writer use for explain it is easy to understand. The actual writer made some study when he makes this book. That is why this book acceptable all of you.

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