



Talking about Your Weight (Healthy Living)

Hazel Edwards Med, Goldie Alexander

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Talking about Your Weight (Healthy Living) Hazel Edwards Med, Goldie Alexander

- Vital nutritional and health information aimed at elementary and middle school students
- An important resource in the fight against childhood obesity
- Fun format with accessible charts, diagrams, callouts, and detailed captions
- Selected cartoons provide a friendly format to the authoritative and reassuring authorial tone
- Human health (such as pulse rate) is compared to other creatures in the animal kingdom

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