



The Structure of Aikido: Volume 1: Kenjutsu and Taijutsu Sword and Open-Hand Movement Relationships

Gaku Homma

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In this remarkable interpretation of the foundation of Aikido technique, Gaku Homma focuses on the relationship between Japanese swordsmanship and open-hand movement, uniting historical tradition with the contemporary development of the art of Aikido. Although the study of Kenjutsu and Aikido have long been associated, this is the first book in which actual Aikido techniques are related to sequences used with the sword. Sixteen hundred frame-by-frame photos mirror the movement shared by both arts.

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