



**Pre- and Perinatal Massage Therapy: A  
Comprehensive Guide to Prenatal, Labor, and  
Postpartum Practice, 2nd Edition (LWW Massage  
Therapy and Bodywork Educational Series)**

*Carole Osborne CMT NCBTMB*

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This comprehensive guide to massage during pregnancy, labor, and postpartum contains extensive evidence and practice-based wisdom, grounded in the author's 38 years as a practitioner and teacher. This edition includes three technique manuals of precise instruction and anatomy-embedded illustrations, plus extensive online technique video clips, teach effective, safe practices.

Discussions of perinatal research, anatomy, physiology, functional adaptations, and emotional responses, invoke deep understanding for the normalcy of pregnancy. The special needs chapter equips therapists for working cooperatively with medical experts when complications or high risks are involved. Business chapters focus on marketplace success, and include voices of longtime therapists in a variety of settings. Book purchase includes exclusive access to online ancillaries featuring a wide range of professional, business and medical resources compiled specifically to prepare readers for the opportunities and challenges of a maternity massage therapy specialization.

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