



Merrell's Strong Teens-Grades 9-12: A Social and Emotional Learning Curriculum, Second Edition

Dianna Carrizales-Engelmann, Laura L. Feuerborn, Barbara A. Gueldner, Oanh K. Tran

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Teach social-emotional competence—the foundation of school and social success—with the NEW editions of the *Strong Teens*[™]—*Grades 9–12* curriculum! *Strong Teens* is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life. Developed by a team of educational and mental health experts, this evidence-based, age-appropriate curriculum is

- Low cost and low tech
- Proven to help increase students' knowledge of social and emotional concepts and decrease their emotional and behavioral problems
- Easy to implement with no mental health training required
- Brief enough to use with any program

Through engaging, thought-provoking classroom activities, students learn about emotions and the social-emotional skills they'll use for the rest of their lives: managing anger, reducing stress, solving interpersonal problems, and much more. This scientifically-based curriculum runs for 12 weeks, and lessons are easy to fit into your existing schedule (especially with the new options for breaking them into smaller chunks). Partially scripted lessons, handouts, and worksheets are included—all photocopyable and available as downloads—so teachers have everything they need to implement the program with little added cost or preparation.

Learn more about the *Strong Kids* series.

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