

# Behind the 8-Ball: A Guide for Families of Gamblers (A Fireside/Parkside Recovery Book)

Linda Berman, Mary-Ellen Siegel

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"This book is essential for gamblers, families, friends, and professionals who need to know more about the personalities of gamblers It is a precise, updated, and accurate look at how gambling affects families."-Timothy W. Fong, MD, co-director, UCLA Gambling Studies Program"This book remains as important today as ever and has remained the standard reference for family members of gamblers."-Keith Whyte, executive director, National Council on Problem GamblingIs someone you care about gambling your life away? You don't have to be a gambler yourself to suffer from the often disastrous effects of excessive gambling. Behind the 8-Ball is the must-have guide to reclaiming your financial, legal, and emotional freedom. Spouses, parents, siblings, children, friends, and coworkers of the gambler will learn how to:Understand why some people lose control of their gamblingRecognize the compulsive gambler and realistically assess the financial and emotional damage he or she is causing you and others Accept that you can't control someone else's gamblingEncourage the gambler to seek helpRecover from being involved with a gamblerFor anyone who is or has ever been involved with someone who gambles too much, this supportive, informative volume delivers all the tools and motivation you need to rebuild your life.



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