



FULLNESS OF LIFE: Soul Touch Coloring Journal

Deborah Koff-Chapin

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Fullness of Life: Soul Touch Coloring Journal is one in a series of uniquely soulful adult coloring books by Deborah Koff-Chapin, creator of the best selling SoulCards decks. Deborah has selected this collection of 38 images from thousands of inspirational Touch Drawings that she created in a range of meaningful settings. *Fullness of Life* focuses on human relatedness with the natural world, communion with life, the elements, trees, caring for the earth, deep ecology, and love of nature. The other SoulTouch coloring books evoke different positive, universal human attributes such as love, creativity, contemplative inwardness, and feminine spirituality. Together the series evokes a sense of balance and wholeness.

These coloring books engage you in an active, co-creative relationship with inspiring images through free-form coloring and journal writing. The text suggests ways to play with color, words and even collage. It provides prompts for writing on the lined-journal side of each page. It also includes suggestions to create an atmosphere for renewal and inspiration as you work with the coloring journal, alone or in a coloring and writing group. Printed on very high quality, heavy weight paper, you have the choice to take the perforated pages out of the book to share the coloring experience with friends or frame your colored art for long term appreciation and for use as gifts.

Soul Touch Coloring Journals ride the current wave of interest in coloring books for art therapy and stress relief; and take them to a new level of depth and creativity!

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