



Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Turquoise Stripes)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Reading can called thoughts hangout, why? Because if you find yourself reading a book specially book entitled Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Turquoise Stripes) your head will drift away trough every dimension, wandering in most aspect that maybe unknown for but surely can be your mind friends. Imaging every single word written in a reserve then become one type conclusion and explanation that maybe you never get before. The Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Sea Life Illustrations, Turquoise Stripes) giving you a different experience more than blown away your brain but also giving you useful facts for your better life with this era. So now let us teach you the relaxing pattern the following is your body and mind will likely be pleased when you are finished studying it, like winning a casino game. Do you want to try this extraordinary shelling out spare time activity?

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