



The Miracle of Mint: Unlock All The Health, Beauty, & Healing Properties Of This Amazing Herb (Mint - Herbal Remedies - Healing - Natural Medicine - Essential Oils - Herbs)

Victoria Lane

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The Secrets of Mint!

*****LIMITED TIME OFFER! 50% OFF! (Regular Price \$5.99)*** All You Need To Know About Benefits of Mint!** There are over thirty varieties of mint, and they're all useful in their own way. You'll find there are numerous benefits and applications for mint, from making a salad dressing to using it to get rid of your stress and even your headaches. Mint can even help to keep your digestive system running smoothly, enhance your memory, and increase alertness. There are various ways to use mint, and all of them are pretty easy. Even growing mint can be easy, and harvesting and preserving your mint is even easier. Of course, there is a knack to it, but it can be handled and taken care of easily. The world of mint is exciting, and it has been used since the Ancient Greeks, Ancient Egyptians, and just in general throughout the ancient world. Using mint is a great way to add a little kick to your drinks, food, or your daily regime, and this book will teach you how.

7 Reasons to Buy This Book

1. In this book you'll learn a few fun facts about mint and just how long the plant has been used for medicinal and even culinary purposes. 2. This book teaches you how to grow, harvest, and even preserve your mint so that you can use it year round. 3. Inside this book you'll learn all about mint tea and how it can help you to prevent forms of cancer to helping your digestive system run smoothly. 4. There are a multitude of applications for mint, but choosing the right mint plants will help a lot more, and this book will teach you how. 5. This book teaches you various items and substances that you can make using mint to spice up your life and your home. 6. Inside this book you'll learn how to use mint for cosmetic purposes, including getting rid of acne and blemishes. 7. This book shows you how to use mint oil properly as well as what it can be used in effectively and efficiently.

What You'll Learn from "The Miracle of Mint"

- A Little Bit About Mint
- How to Cultivate Mint
- All the Uses for Mint Tea
- Mint Vinegar & Uses
- Uses of Peppermint Salves
- Cosmetic Benefits of Mint
- Mint Uses Around the Home
- Making Things with Mint
- A Few Uses for Mint Oil

Want to Know More?

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