



## **Before the 'Crop' Comes Out: 8 Essentials to Consider Before Disciplining Your Horse**

*Sandi Bell*

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# Before the 'Crop' Comes Out: 8 Essentials to Consider Before Disciplining Your Horse

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Every year, thousands of dollars are spent in the U.S. on horse training and riding lessons. Technique and training are important keys to a rewarding "ride," but a horse's physical, emotional and mental comfort are just as important, and often misunderstood or overlooked. "What we perceive to be 'bad behavior' is very often the result of ... any number of physiological conditions that our horses are unable to describe to us." Inspired by a true story, Sandi Bell examines symptoms and possible sources of pain or discomfort that cause resistant behavior so often mistaken for disobedience. Easy-to-understand text with correlating illustrations and photos allow a reader to have insight into the missed influences affecting our horses. "Thursday's cantering challenge was so clear to me. He wasn't trying to disobey the rider ... it was that he was hurting. His inability or refusal to pick up the canter was purely because he was in pain." Responsible horse handlers will benefit from this powerful information. Before The 'Crop' Comes Out offers a fresh perspective-steps we can take to support our horses instead of punishing them- a positive way to look at and approach horses with the respect they deserve. About the Author Sandi Bell is a horse owner, writer, consultant and instructor from the SF Bay Area. A passionate "horse advocate," she aspires to help other horse lovers understand and remedy behavioral issues not premeditated by the horse. Sandi's formal education began by attending clinics, symposiums and seminars from top horse professionals and she is currently working on a degree in Equine Science. Read her popular blog at [www.heartandsoulequine.com](http://www.heartandsoulequine.com).

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