



# A Life in Balance: Discovery of a Learning Breakthrough

Frank Belgau

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#### PRAISE FOR A LIFE IN BALANCE

As you read his moving story-and the stories of many other inspiring individuals presented in these pages-you will grow, as I did, in excitement and optimism. Tell teachers, tell other adults and professionals, tell the world that there is a too-well-kept secret that can help kids with so-called learning differences become champions.

-Edward M. Hallowell, M.D., ADD/ADHD expert, best selling author, and founder of the Hallowell Centers

I can wholeheartedly recommend this book and its lifesaving content to all parents and professionals interested in bringing hope and significant help to millions of desperate people suffering from learning disabilities.

-Harold N. Levinson, M.D., author of Smart But Feeling Dumb and director of the Levinson Medical Center for Learning Disabilities

A Life in Balance should be read and kept by every parent who has a child that has difficulty in learning to read, to write, and to copy from a book; a child who cannot concentrate for any period of time (ADD/ADHD) or has poor coordination-Dyspraxia.

-Peter Blythe, Ph.D., founder, the Institute for Neuro-Physiological Psychology (INPP), author, and international lecturer



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Spent a free time for you to be fun activity to try and do! A lot of people spent their down time with their family, or all their friends. Usually they undertaking activity like watching television, going to beach, or picnic within the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? May be reading a book is usually option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to try out look for book, may be the e-book untitled A Life in Balance: Discovery of a Learning Breakthrough can be very good book to read. May be it could be best activity to you.

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