



# Serving God, Saving the Planet: A Call to Care for Creation and Your Soul

*J. Matthew Sleeth M.D.*

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Not long ago, J. Matthew Sleeth had a fantastic life and a great job as chief of the medical staff at a large hospital. He was living the American dream?until he saw an increasing number of his patients suffering from cancer, asthma, and other chronic diseases. He began to suspect that the Earth and its inhabitants were in deep trouble. Turning to Jesus for guidance, Sleeth discovered how the scriptural lessons of personal responsibility, simplicity, and stewardship could be applied to modern life. The Sleeths have since sold their big home and given away more than half of what they once owned. In *Serving God, Saving the Planet*, Sleeth shares the joy of adopting a less materialistic, healthier lifestyle, stronger relationships, and richer spiritual lives. With the storytelling ease of James Herriot and the logical clarity of C. S. Lewis, Sleeth lays out the rationale for environmentally responsible life changes and a how-to guide for making those changes. "Creation is groaning. And Matthew Sleeth has responded. *Serving God, Saving the Planet* is not an alarmist call of despair, but a hopeful invitation to re-imagine the way we live. Sleeth's words have the urgency of an ER crisis coupled with the deep faith that the Church is ready to join God in healing the wounded world." -- Shane Claiborne, activist and author of *The Irresistible Revolution*.

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