

ENJOY! Recipes for Fresh Produce: A Thyme to Eat Book

Teri Pizza

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Vegetarians will ENJOY! Recipes for Fresh Produce, that spotlights 70 different items of fresh produce to help everyone eat healthy. Although most of the 200 recipes included don't contain animal protein, many do, so there's something for everyone to enjoy! All cooks, novice or expert, will find something to pique their interest or entice them to try a new fruit or vegetable. Recipes are presented in alphabetical order, beginning with Apple and ending with Zucchini so cooks can quickly thumb through the pages and find the right freshfrom-the-farm, good-for-you recipe. ENJOY!, along with the author's, Simplicity of Fresh Produce (2015), can be of tremendous help to all cooks. When used together, they can help any home-chef take their cooking to the next level!



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